



CASTLE COVE PUBLIC SCHOOL

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Stage 3 C.A.R.E.S. Excursion – 17 & 18 September 2019

Dear Parents and Carers,

An excursion to the Community and Road Education Scheme (C.A.R.E.S) at St Ives has been organised for Stage 3. This excellent excursion on bike education and safety is run by the NSW Police and is a lot of fun as well as highly educational. It covers a very important part of our PDHPE curriculum. Students will need to be at school at **8.45am for roll call** as the buses will leave promptly at 9.00am.

When	SA & SM Tuesday 17 th September SL & SR Wednesday 18 th September
Where	C.A.R.E.S 451 Mona Vale Rd, St Ives
Time	Students to be at school for at 8.45am for 9.00am departure. Returning to school approx. 2.45pm
Cost	\$11.50 – cost will be included in the term 3 account

Students will need to wear **summer sports uniform** (no skirts or dresses) and covered footwear (runners – no thongs or sandals allowed) as students will be riding bicycles. Girls with long hair need to have their hair tied in a low ponytail to ensure correct fit of helmet. Students are asked to bring a backpack with their fruit break, recess and lunch as well as a bottle of water and two disposable drinks. They need a backpack because the crows at the centre are notorious for stealing lunches. Students are also encouraged to bring their own helmet as numbers are limited. A jumper or jacket is also a good idea as the weather can change quickly. Students must remember their hat and sunscreen as the C.A.R.E.S. Centre follows the “no hat, no play” policy. Students may also bring a tennis ball to play with at lunchtime.

Permission and payment must be received before the excursion and, unfortunately, refunds will not be available if you child is unable to attend on the day. Please return permission slips to the silver letterbox in the office foyer by Wednesday 7th August.

Kind regards
Anne Layton-Smith
Stage 3 Coordinator

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I give permission for my child _____ of class _____ to attend the C.A.R.E.S. excursion on

- SA & SM on Tuesday 17th September
- SL & SR on Wednesday 18th September.

I understand travel will be by bus and the payment of \$11.50 will be included on my Term 3 Account.

Signature of parent/guardian _____