



# CASTLE COVE PUBLIC SCHOOL

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## Sports in Schools 2019

Dear Parents and Carers,

All students from Years K-6 will be participating in the Sports in Schools program for two terms this year. Each class will participate in 9 lessons during the term. Sports in Schools Australia (SISA) will provide a series of developmental motor skills sessions that complement the existing sports skill development areas of the PE/Health/Personal Development Curriculum. SISA concentrates on the basic fundamental motor skills and physical activities of locomotion, throwing, launching, tracking, catching, hitting & striking, games, co-operative learning, balance, fitness, co-ordination and core stability. SISA's goal for all students is to "Get Fit, Get Active, Have Fun".

The program timetable is as follows:

Years 3-6	Terms 1 & 4	9 lessons during each term
Years K-2	Terms 2 & 3	9 lessons during each term

The total cost per term is **\$45.00** and will be included on the relevant Term Account for your child under the description *PE Class*. The coach has asked that girls wear bike shorts under their normal school uniform. Black school shoes to be worn as usual. No joggers are required for these lessons however students may bring joggers to change into if they wish.

Kind regards

**Trent Moses**  
**Sports Coordinator**

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***Please fill in the permission note and return it to the School Office by Monday 18<sup>th</sup> March.***

## SPORTS IN SCHOOLS 2019

I give permission for my child \_\_\_\_\_ of class \_\_\_\_\_  
to participate in the Sports in Schools program in 2019

I understand the payment of \$45.00 will be included in the relevant Term account.

I understand that these sessions have been approved by the Principal and will be conducted by accredited coaches from SPORTS IN SCHOOLS AUSTRALIA.

**Signature .....** **Date .....**